



theosophical centre

HPB Newsletter

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From the President

Thanks to all who turned out for our last Member's meeting. Ganesh Kumar led a discussion on the Masters inspired by Leadbeater's Masters and the Path which developed into an interesting evening with contributions from everyone there that night. Thanks also to those at the evening who offered suggestions for the Lodge committee - these are always welcome and will be put in front of the next committee meeting.

By the time this reaches you, your Lodge will be participating in the New Spirit festival, manning a stall at the event to be held at the North Harbour Stadium, Albany. I am personally looking forward to this, as it's the first time in a long while HPB has had an "open day" of sorts and so we will be able to reach a wider audience, hopefully promoting HPB as a place where people who are searching for their path can find some help on their way.

Venue for meetings is HPB Hall, 4 Warborough Ave, unless otherwise stated.

MEMBERS MEETINGS

Research Group – led by Darryl Crofsky and Val White
Monday evenings at 7:30pm

This group meets every Monday evening, and if you missed the first few, it's still not too late to join in! The aim of this group is to study The Stanzas with the long-term goal of perhaps producing an educational document for members' use.

Victor MacGill - Spiral Dynamics
Thursday 30th April at 7.30pm



A MUST for all members – Victor's unique lecturing style has to be experienced!

Spiral Dynamics is a theory of levels of human consciousness developed by psychologist Clare Graves in the 1960s and 1970s. Learn about the development of human societies through nine levels - from small family groups living at a subsistence level through to levels of global consciousness. Understanding these levels and how they interact can open a whole new level of understanding of human and spiritual development. Victor learned Spiral Dynamics from one of the two key students who took over the task of promoting Spiral Dynamics after the death of Clare Graves, and he has also extensively studied chaos and complexity theories.

Film Evening
Friday 5th June



A video will be shown for members. Bring some (vegetarian) nibbles to share for afterwards.

White Lotus Day
Friday 8th May 6.30pm

Shared dinner for those who would like to bring a vegetarian/vegan dish to share with others before we share talks and readings on the significance of *White Lotus Day*, starting at 7.30pm.



Come and learn something of HP Blavatsky and celebrate her message and her love of theosophy.

PUBLIC MEETINGS

Introduction to Theosophy Series
Monday nights at 7.30pm
(Scheduled to start in June)

For members, friends and seekers after wisdom! For more details contact the Secretary hpbsec@theosophy.org.nz

YOGA CLASSES

HPB Hall

6.30 – 8.00pm

Tuesday nights

Term 2

'Yoga in Daily Life' (YIDL) is a holistic system of health, encompassing the science of body, mind, consciousness and soul. While completely true to the authentic Indian tradition of classical yoga, it is adjusted to meet the needs of our times. The System aims to establish physical, mental, spiritual and social health, in other words to offer all that one requires in the search for peace of mind, harmony and fulfilment in life. To make these goals accessible to everyone, 'Yoga in Daily Life' is structured as a graded system of learning. It contains eight progressive levels. The System is suitable for everybody regardless of age, state of health or cultural background. Today 'Yoga in Daily Life' is taught by certified yoga teachers at over 4000 locations around the world.

A 10-week beginners level yoga course with gentle physical, breathing and relaxation exercises will be held on Tuesday nights **starting on 5 May**, from 6:30 - 8:00pm.

Cost: TS Members \$10.40 for one class or \$80 for the course – a 20% discount!
Non-TS Members \$13 per class or \$100 per 10 weeks

Bhajan Ananda, a certified Yoga in Daily Life teacher will be instructing the class.



LIBRARY & BOOKSHOP

HPB Library A call for H E L P

Our library has long been perhaps the most public face of our Lodge, the shop front as it were, performing the essential work of not only cataloguing and caring for our books, but also being that important liaison between the Lodge and the interested public.

The library work has been carried out entirely by a small team of dedicated volunteers, the unsung heroes who turn up regularly to perform this service. Due to personal circumstances, one of our unsung library heroines Dorothy Sewell will be taking a break from her extremely valued library duties for a while. This will leave a large gap in our volunteer workforce at the Library and so we are urgently in need of new volunteers.

Any help would be greatly appreciated, even if you've had no previous library experience as you will receive guidance from our valued library workers, Valerie White and Sharn Laurie. If you feel you can offer a couple of hours or so a week, or a couple of hours or so a month, or even an occasional appearance to help out please contact us hpbsec@theosophy.org.nz

Bookshop

In Search of the Cradle of Civilization

by Georg Feuerstein, Subhash Kak & David Frawley
[hardcover] \$42.40

In this path-breaking book, the authors challenge the schoolbook notion of Sumer as the cradle of civilization. Sifting through the latest archaeological, geological, and linguistic evidence, they call for a complete revisioning of ancient history. The authors show that the ancient Indians were no primitives, but possessed of a spiritually advanced culture, which not only influenced the evolution of the Western world in decisive ways, but also has much to teach us today. India's archaic spirituality is codified in the rich symbols, metaphors and myths of the magnificent *Rig-Veda*, which is shown to be much older than has been widely assumed by scholars. *In Search of the Cradle of Civilization* also unravels the astonishing mathematical and astronomical code hidden in the Vedic hymns.

Anyone interested in ancient cultural history, India, archaeology or spirituality will find the well-researched and cross-cultural work spell-binding and enriching.

This book is available from the book depot at 4 Warborough Avenue, Epsom, Auckland. It can be posted at a cost of \$4 to anywhere in New Zealand. To order phone [09] 5247994 or email hpbbooks@theosophy.org.nz