



The Theosophical Society

NEW PLYMOUTH branch newsletter

August 2008 - December 2008

President:	Helen Pollock	Ph 769 5477
Vice President:	Jim Scrivener	Ph 758 3511
Secretary:	Eileen Styra:	Ph 757 9281
Treasurer:	Jim Scrivener	Ph 758 3511
Committee:	Bryan Pollock	Ph 769 5477
	Sandra Morris	Ph 753 3896
	Bob Hunter	

Theme for this Term : Warm Heartedness as Healing

This term we have several speakers giving talks on healing. There are many methods of healing but probably the most important factor in healing is warm heartedness. It has been suggested that there would be less people with psychiatric illnesses for instance, if they had received kindness, caring, warm heartedness.

In '*How to Practice the Way to a Meaningful Life*' the Dalai Lama says, "We are all born helpless. Without a parent's kindness we could not survive, much less prosper...Adult human beings need kindness too. If someone greets me with a nice smile, and expresses a genuinely friendly attitude, I appreciate it very much..Kindness and love, a real sense of brotherhood and sisterhood, these are very precious. They make community possible and thus are crucial in society."

We all have the ability to be kind, caring and warm hearted. If you have seen the TV show 'Mucking In' you will know how much kindness is appreciated in a community, when so many people turn out to give something to those who have shown kindness to others. But, just a simple smile and friendly attitude, as Dalai Lama says, can make someone we meet feel really good.



DISCUSSION GROUP (see programme for details)

Come along to the meetings for some lively discussion, to share ideas, or to just sit back and listen. We usually start these meetings with a brief meditation to focus our thoughts.

The discussion starts with a general brainstorming for thoughts, ideas, feelings and insights on the subject .

PUBLICATIONS

- **"The Theosophical Digest"** - This is like the Readers Digest but contains articles relating to theosophical concepts. It is a quarterly magazine and the branch copy is available for loan.
- **"The Quest"** - A magazine published by the Theosophical Society in America and contains articles and information of a theosophical nature.

Contact Helen if you want to borrow these.

MEDITATION

There is a short meditation before each members/discussion meeting. If you have a meditation that you feel would be suitable for the subject on the night, and would like to lead the meditation for that meeting, just phone Helen to confirm it.

REVIEWS OF BOOKS, DVD'S, MOVIES, VIDEO

Prior to every members discussion meeting (see programme), five minutes is set aside for anyone who would like to present to the group a short review of any relevant book, movie, DVD or video. So, if you have something interesting that you feel you could share, please bring it along. A review can be quite useful when someone is looking for certain information or just wanting a good read.

DVD/VIDEOS FOR SALE

These are recordings of talks given at convention or public presentations:

"Outer and Inner Explorations"	by John Sell
"Keys and Gates"	by Betty Bland
"The Tree of Life"	by Phil Philpott
"The Ambience of Living Alchemy"	by Bill Williamson
"The Da Vinci Code and other Stories"	by Diane Kynaston
"The Mysteries of the Doctrine of the Heart and the Origin of Human Consciousness"	by Christopher Holmes

Videos are \$10 and DVD's are \$15

Send order to: Box 4049, New Plymouth or phone Bryan or Helen 769 5477.

HEALING GROUP

The Healing Group meets before every members' meeting at 7:30 pm. For enquiries please phone Helen on 769 5477.

UPCOMING

Fire in the Spirit

- The way ahead

A presentation by
Warwick Keys

(National president of the NZ section of the
Theosophical Society)

Monday 22 September

See programme for details.

Nepal

Sandra Morris will present
impressions of her recent trip.

Thursday 21 August 7:30 pm

See programme for details.

AGM

Thursday 18 September 7:45 pm

POT LUCK at 6:00 PM

See programme for details.

P R O G R A M M E

August 2008 to December 2008

The Healing Group meets at 7:30 just prior to all members meetings.

THEME: Warm Heartedness as Healing					
DATE	TOPIC	SPEAKER	VENUE	TIME	
THURSDAY 7	Krishnamurti Video - with Carol Galvin from the Krishnamurti Association	Members	Helen and Bryan Pollock 25 Belt Road New Plymouth	7:45 pm	AUGUST
THURSDAY 21	Nepal – Sandra Morris will present her impressions of a recent trip.	Members Sandra Morris	Helen and Bryan Pollock 25 Belt Road New Plymouth	7:45 pm	
THURSDAY 4	Warm heartedness - a discussion on the way to a more meaningful life.	Members Eileen Styra	Helen and Bryan Pollock 25 Belt Road New Plymouth	7:45pm	SEPTEMBER
THURSDAY 18	Vegetarian Pot Luck (finger food) at 6:00pm and AGM 7:45 followed by video about the after life.	Members	Helen and Bryan Pollock 25 Belt Road New Plymouth	7:45 pm	
MONDAY 22	Fire in the Spirit - the way ahead	Members Warwick Keys (National President of the TS in NZ)	Helen and Bryan Pollock 25 Belt Road New Plymouth	7:45 pm	

Programme continued...

OCTOBER					
Thursday 2	Krishnamurti Video - with Carol Galvin from the Krishnamurti Association	Members	Bryan & Helen Pollock 25 Belt Road, New Plymouth	7:45pm	
Thursday 16	Healing from Within - the universal energy of the centre within	Members Richard McCracken	Bryan & Helen Pollock 25 Belt Road, New Plymouth	7:45pm	
NOVEMBER					
Thursday 6	Sound Healing	Members Kevin Hammersley	Bryan & Helen Pollock 25 Belt Road, New Plymouth	7:45pm	
FRIDAY 21	Devachan, the Realms Beyond Death as Portrayed in the Mahatma Letters.	Public Alan Morse	Community House (Next to YMCA) 32 Leach Street, NP	7:30 pm	
DECEMBER					
SATURDAY 6	End of Year Christmas Picnic and Petanque TUPARE GARDENS	Members	Tupare Gardens, Mangere Road (meet in public carpark)	4:00 pm	